

## 2009 GSC PRACTICE SCHEDULE (revised 9-14-09)

\* Practices times change each month at fields that are scheduled for the TWO time slots:

August = 5:00-6:30pm & 6:30-8:00pm; September = 4:30-6:00pm & 6:00-7:30pm; October = 4:30-5:30pm & 5:30-6:30pm.

\* Time slots are for practice on the field with a goal; teams may practice before/after their time slot off the field in grassy areas.

\* Teams may practice from 4:30pm to dusk at fields that are scheduled with ONE time slot

\* Gray shaded time slots are available only by request from the Fields Coordinator, otherwise only assigned teams may use.

\* Closed fields are unavailable for GSC use, as other entities have the use permit.

\* Contact Steve Wong for change requests (916-397-3219).

FIELD	LOCATION	* TIME SLOT	MON	TUE	WED	THU	FRI
Conlin Park-South-1-near prkng	Freeport Blvd & Pocket Rd	4:30-6:00pm		92			92
"	"	6:00-7:30pm	13	10 / 11	13 / 90	8 / 10	
Conlin Park-North-2-freeway	Freeport Blvd & Pocket Rd	4:30-6:00pm					
"	"	6:00-7:30pm	90	7 / 88	83 / 86	11 / 89	81
Garcia Bend-North-1-street	Pocket Rd & Windbridge Dr	4:30-6:00pm	78		78		
"	"	6:00-7:30pm	9 / 91	12 / 89	9 / 87	7 / 88	
Garcia Bend-South-2-playarea	Pocket Rd & Windbridge Dr	4:30-6:00pm				77	
"	"	6:00-7:30pm	87	6 / 77	79 / 81	6 / 12	79 / 80
Bahnfleth Park	Seamas Ave & Piedmont Dr	4:30pm – Dusk	64 / 65	closed	67 / 68	closed	
Parkway Oaks Park	Desertwind Dr & S.L.Park	4:30pm – Dusk	83 / 86	8 / 82		84 / 85	
Reichmuth Park-North-2-street	Gloria Drive & 43 <sup>rd</sup> Ave	4:30pm – Dusk	93	closed	93	closed	
Reichmuth Park-South-3-tennis	Gloria Drive & 43 <sup>rd</sup> Ave	4:30pm – Dusk	62	closed	80 / 91	closed	
Bear Flag School-park	Moonlit Cir & Shoreline Cir	4:30pm – Dusk	71 / 76	84 / 85	72 / 73	75 / 82	
Renfree Park-North-1-playarea	De Mar Dr & Cache River	4:30-6:00pm		70		65	
"	"	6:00-7:30pm	72 / 73	74 / 75	71 / 76	70 / 74	
Renfree Park-South-2-street	De Mar Dr & Cache River	4:30-6:00pm		66 / 69		4 / 5	
"	"	6:00-7:30pm	67 / 68	4 / 5	64	66 / 69	
Garcia Bend Park-West-3-levee	Pocket Rd & Windbridge Dr	4:30-6:00pm		2 / 54			
"	"	6:00-7:30pm	1 / 50	3 / 60	53 / 55	2 / 54	
Alice Birney School-East-1	43 <sup>rd</sup> Ave & 13 Street	4:30pm – Dusk	61 / 63	49 / 51	57 / 59	3 / 58	
Wenzel School-North-1	Greenhaven Dr & Katz Ave	4:30-6:00pm			63	48 / 56	
"	"	6:00-7:30pm	57 / 59	56 / 58	61	60 / 62	
Zacharias Park	Riverside Blvd & Clipper Wy	4:30-6:00pm				52	
"	"	6:00-7:30pm	53 / 55	52	1 / 50	49 / 51	
Matsuyama School-South-1	Windbridge Dr & Honey Wy	4:30-6:00pm		48		94	
"	"	6:00-7:30pm	40 / 42	44 / 94	40 / 42	41 / 43	
Portuguese Park	Durfee Way & Souza Circle	4:30pm – Dusk	46	45 / 47	46	45 / 47	
Zberg Park	Alma Vista Wy & Farm Dale	4:30pm – Dusk	35	36 / 37	35 / 38	37 / 39	
Lisbon School-behind blacktop	S.L. Park Dr & Windbridge	4:30pm – Dusk	32 / 33	30 / 39	31 / 34	30 / 44	
M. L. King School	Little River & River Front	4:30pm – Dusk	31 / 34	41 / 43	32 / 33	36 / 38	

### COACHES GUIDELINES:

- Coaches, keep a copy of this schedule with you at all practices. Check the Home Field Assignment List for your Team #.
- Teams are only allowed on the field during their allotted time slot. Teams may practice off to the side of their assigned field before and after their allotted time slot.
- Teams are assigned two days a week to practice, with an effort to provide, but no guarantee, of one day on your Home Field.
- Each time slot is scheduled for two Teams each field, with Teams practicing on one-half the Field, each using one Goal.
- Practices may be held anytime from 4:30pm to Dusk at fields with one time slot.
- School activities have priority of use at all times at Schools fields; scheduled teams must give up that day's practice as needed.
- Schedule changes must be worked out between coaches; then contact Fields Coordinator for approval and schedule revision.
- Litter must be picked up after each game and practice. Loss of practice field use can result for any inappropriate behavior.
- Whenever it is raining, Coaches must call the Parks Dept. "status of use" number (277-2336) to find out if the fields have been closed. The Parks Dept. status of use determination will dictate whether games or practice can continue or not to prevent field damage & ensure player safety. Use of City School fields will follow the same "status of use" determination as the Parks Dept. Teams may face loss of field use & financial assessments for causing field damages that have been closed.
- All nets/flags must be returned immediately after the last game of the day or any cancelled game. Do not leave nets/flags on the field if there are no other teams playing after your game; return them to the Net Storage location for that field.
- Some Practice Fields may not have goalposts. Field lines will be marked as needed.
- For any field issues at the City Parks, call the City Operator at 264-5011 for assistance.
- For emergencies, contact the Sacramento City Police Department at 732-0100 using a Cellular Phone.
- GSC does not provide restrooms. Parks may have on-site restrooms. School restrooms are not available or open for use. Advise parents & players to plan accordingly for practices & games. Do not allow anyone to use fences/bushes as a restroom.
- Contact Fields Coordinator for field issues: large holes, broken sprinklers, flooded areas, long grass, dry grass, field line markings are not visible, goals in need of repair, or dangerous conditions.